

Yarm Methodist Church Notices

Week commencing 14th February

May God continue to sustain us all through these times of
struggle.

May each day bring us a deep sense of God's loving presence.

May the pure light of Jesus shine through the darkness

And may we know that we are not alone.

God is with us – our strength and our shield.



Members unable to access the online services

We are keen to know who is unable to access online church services, so we can ask if additional material, such as CDs or just written resources, would be helpful. Please make sure one of the stewards is aware of this so we can ensure no one is missed, if this is the case for you or someone you know. Thank you.

Your Newsletter Needs You. A call for uplifting news and short articles for the newsletter

The newsletter was re-instated in 2020 as a way of keeping in touch with as many people as possible while the church remains closed. We are especially grateful to Sophie Ramsden, who carries the lion's share of producing the newsletter, and thank the many volunteers who print and deliver them. As the lockdown continues into 2021, we would like to use the newsletter to spread positive news about the church family and contain a few uplifting or amusing items. We invite everyone to consider submitting news and items of an uplifting nature, to help everyone who receives the newsletter feel more connected and more hopeful. All material should be submitted as an e mail for ease of transfer to the newsletter. Shorter items are preferred and should be sent to notices.yarmmethodist@gmail.com

Free Phone Line

FREE phone lines for prayers and news from the Methodist Church

Listen to a **prayer**: 0808 281 2514

Listen to the **President and Vice-President**: 0808 281 2695

Listen to **news**: 0808 281 2478

Content is updated weekly

Sad News

It is with sadness that we have to share the news that Olive Scott passed away on Saturday the 23rd January. Although she had recently been in hospital she passed away peacefully at home with her children Andrew and Suzanne. Olive attended Yarm Methodist Church for over 40 years, regularly sharing a pew with Judi and Grace Breckon, and more recently in a wheelchair with her daughter Suzanne.

Courageous Day

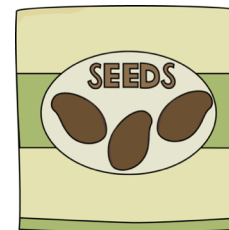
Our church has been given a free packet of seeds. This year our Darlington District Local day for children and young people is going to be a bit difficult. It will be online instead of face to face and we will be interacting with it all from now until the day of February 20th 2021.

We would like you to grow some seeds! CHIVES! Chives are great in a cheese sandwich, on a jacket potato or potato salad. We want to see your growing journey, your harvesting and your eating!

Take pics of the planting, watering, and chopping of your chives. Show us what you are putting them in! Who you are sharing them with!

Share on our Facebook page and Instagram with [#growcourage#courageousday2021](#)

Contact PAUL TOPLIS now for your packet of seeds!



Chill with Gill

Since 2017, Gill has been running her relaxed 'Chill with Gill' yoga sessions every Tuesday afternoon (1:30pm) in the Yarm Methodist Church Hall. Since March last year this hasn't been possible so at that time Gill took all her sessions online. The sessions are offered free of charge and currently about 60 people a week are joining in the 6 sessions that are available. The Yoga sessions are suitable for all ages and abilities, they include warm up, some posture work and a relaxation to finish. Ideally participants need sufficient room to allow free movement, a strap or a belt and a quiet comfortable space with blankets and cushions for relaxation. If you are interested in finding out more please check out the website www.zafu.org.uk or telephone Gill on 07873868914 who is happy to help. Thank you

Food bank Certificate



Taketime Meditations

Trying to work from home, while home schooling and keeping an eye on everything else, can leave you totally frazzled! Some meditation time may be helpful and indeed studies have shown that it can boost your energy and reduce stress levels. So why not come and try a Taketime meditation? Join us this Friday 29th January 12.30pm for a guided mediation. These meditations provide a calm and comfortable space in which to meet God. Facilitated by Fiona Fidgin, Lorraine Darlow and Rachel McCallam from the Learning Network and Clive McKie from Taketime.

Book your place here: <https://www.eventbrite.co.uk/e/taketime-with-the-gospel-of-mark-tickets-136413898643>

Message from the Minister

Dear brothers and sisters,

As we continue through this difficult time we could all be forgiven for not knowing what day it is. Recently, when I wake up, I find myself taking just a few moments to get my bearings: "What day is it today? Ah yes, Thursday. In what way will this be different from yesterday?" As the days seem to run one into another we could also be forgiven for losing track of where we are in the Christian year. Well done if you have realised that Wednesday 17th February is Ash Wednesday, the beginning of Lent, our annual devotional pilgrimage towards Good Friday and Easter.

As we move through Lent, Peter, Suva and I would like to invite you to make a spiritual journey. On Ash Wednesday a short act of worship will be available via YouTube (search for Yarm Methodist Church). During the season of Lent we will make resources available to support you in exploring God's grace in our lives and in the world. These resources are inspired by Robert Schnase's book: 'Forty Days of Fruitful Living: Practising a Life of Grace'. Each week will have a particular theme. These will be: Christian Practices, Receiving God's Love, Loving God in Return, Growing in Grace, Loving and Serving, The Grace of Giving and Fruitful Living and Offering God's Love.

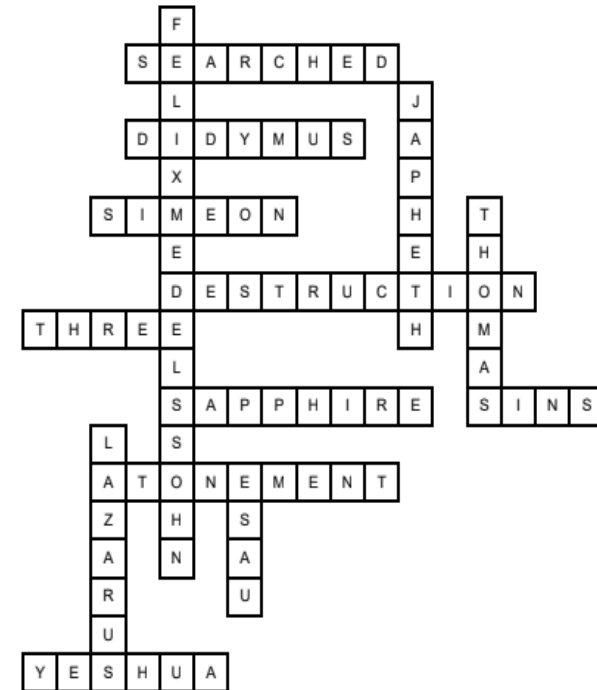
The week's theme will be introduced in our Sunday YouTube Service as well as in the Circuit's Zoom online worship. We will also make a sheet available for people to follow the daily readings and prayers. This will be circulated next week and will also be available on the Yarm Methodist Church website. If you would prefer to receive a hard copy then do please let me know.

If you would like to join a Zoom group to discuss each week's readings then please contact Jenny at the circuit email: stockton.circuit.office@gmail.com.

With love and prayers,
Rev. Martin

Crossword Answers

Newsletter crossword #1



Across

- 2 Fill in the missing word from a well-known psalm: O Lord, you have me and You know me. (8)
- 4 What was the other name of the disciple in number 4? (7)
- 5 What was the name of the man who was promised that he would see Christ before he died? (6)
- 7 In Proverbs, what is the missing word? "Pride goes before..." (11)
- 8 How many decks did Noah's ark have? (5)
- 9 What was the wife of Ananias called? (8)
- 10 Another word for 'trespasses'? (4)
- 12 Another word for 'redemption'? (9)
- 14 What is Jesus's name in Hebrew? (6)

Down

- 1 Who wrote 'Hark the Herald Angels Sing'? (5, 10)
- 3 One of Noah's sons was called...? (7)
- 6 Which disciple was missing from the post-resurrection appearance of Jesus in the upstairs room? (6)
- 11 Who was Mary and Martha's brother? (7)
- 13 What was Isaac's eldest son called? (4)